



The Eden Alternative™

Living longer, Living better

What is the Eden Alternative™?

The Eden Alternative is a culture change philosophy of resident or consumer directed care. It aims to eliminate the three plagues of loneliness, helplessness and boredom. Pursuing the current care practices isn't improving our care nor wellbeing outcomes. We need something different...and it's time for change.

The Ten Eden Principles provide the framework and support for the whole organisation to shift from a medical care model to a person directed care model.

The Eden Alternative empowers staff, residents and families... to make a life worth living and it all starts with You.

What are the benefits?

- Cost effective group training
- Accredited training courses and workshops
- Same message for whole of organisation
- Real strategies and solutions for success
- Improved resident and consumer wellbeing
- Improved clinical outcomes
- Point of difference from other organisations

Resources to assist your Eden journey:

- Introduction to the Eden Alternative workshop
- Implementing the Eden Alternative in Aged Care course
- Eden at Home (Consumer Directed Care) course
- Dementia Beyond Drugs workshop
- Open Hearts, Open Minds workshop
- Eden Registry Membership
- Person Directed Hospitality
- The Green House® Project



What people are saying...

On behalf of the residents, management and staff of Mercy Aged Care Services, I would like to thank you... for the wonderfully inspiring three day training sessions conducted for our staff... the 30 staff members who were fortunate enough to be included in this training have been engendering enthusiasm among all within their respective homes.

Lesley Schneider, Director of Nursing, Mercy Aged Care Services, Qld.

"The Eden Alternative ... journey is making a positive difference and is being more widely noticed in the community with our homes, being sought out by families, residents and staff as the preferred place to live and work."

Jim Pearce, Board Chair, Presbyterian Support, South Canterbury NZ

"As we begin our Eden journey I am delighted to witness and share in the experiences and successes initiated by our motivated care services team. A growing sense of enthusiasm and pride amongst staff at all levels is indicative of the profound change in culture and empowerment developing within the St Carthage's community."

Geoff Costello, Parish Business Manager and CEO, St Carthages Community Care, NSW

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