Hello everyone,

Spring and Summer are seasons for renewal, re-warming of soil and reinvigorating your environments for all members of your community. We have been very busy with training new Eden Associates through the reaccredited Eden Associate course, “Implementing the Eden Alternative” in both Oz & NZ. The requirements of submitting homework as evidence of what everyone is achieving has highlighted a number of wonderful ‘baby steps’ for implementing the Eden Alternative in both residential and community care organisations. And your residents, clients, families and staff are the main beneficiaries. There have also been a number of homes and organisations who are committing further to the Eden Alternative through their membership to the Eden Registry. Read on to find out more.

**Donate NOW! Just in time for XMAS or anytime…**

**Eden in the Community Fundraising Project**

We have had significant interest and demand for an Eden in the Community training and support programs. To help make this dream a reality, we need your help to raise funds to develop the project. If you’re interested in an “Eden in the Community” model as well as being a part of history please go to the following website: [http://www.givenow.com.au/edeninoz](http://www.givenow.com.au/edeninoz) or you can donate directly through the Eden in Oz & NZ website. ALL donations over $2.00 are tax deductible. Thank you in advance.

**Eden Board Vacancies—YOU can make a difference**

We are seeking suitably qualified persons (from any sector) who are passionate about, and have experience and knowledge in organisational Culture Change and an understanding of the Eden Alternative Philosophy. The successful applicants will have access to a diverse social and business network, be an effective speaker and have relevant experience in I.T. and /or Marketing, Governance skills or Law. These vacancies would suit retired / semi retired persons with the above skills and passion for making a difference. As we are a National and International entity we seek representation from Vic, NSW, S.A. and Tasmania.

The current growth of EiON Ltd requires a Board Member to be hands on as we manage the demand from homes commencing on their culture change journey. Please contact Cathy Meyer at cathmac50@bigpond.com for a Board Package or visit our website for more information [www.edeninoznz.com.au](http://www.edeninoznz.com.au).

Heard as part of an introduction for guest speaker at recent Conference… let’s put “President into the Resident”.

**Continued on next page**
Like us on Facebook
Yes, we're now on Facebook. Regular updates on what's been happening in Oz & NZ can be found at our new Facebook page. We'd love you to ‘like’ us too!!! Find us at the following link: http://www.facebook.com/pages/Eden-in-Oz-Nz/309122854586.

Eden Registry Success—Anam Cara, Wesley Mission Brisbane achieves all 10 Eden Principles

Congratulations to Shawn Ringelstein, Liz Hilton and the Wesley Mission team at Anam Cara Brisbane for achieving recognition in all 10 Eden Principles in the Eden Alternative in October 2011. This is a fantastic achievement for this organisation and a wonderful confirmation that the Eden Alternative is growing in residential care.

New to the Eden Registry—Welcome to Fern Haven House, Putaruru NZ

Welcome to Rangiura—Fern Haven House (memory support home) inspired by the Greenhouse design model of the Eden Alternative. They have successfully applied for membership to the Eden Alternative Registry with Principles 2 and 10. Rangiura Rest Home also achieved recognition in Principle 2. These two homes have a number of wonderful wall tapestries including a Memory Tree Quilt for each home.

Eden Registry Membership—committing to the Eden Alternative

Application for membership to the Eden registry is recommended for all homes and organisations who are committed to the Eden Alternative. Membership enables use of the Eden Alternative™ and EiON logo in marketing and on your own Company website. It makes it easier for the consumer to find a home or organisation who’s values are supportive of empowering older people to maintain independence in their lives. Some benefits of membership to the Eden registry include:

- Employer of choice—easier recruitment; improved retention and less or zero agency use
- Improved resident health & wellbeing, family and staff satisfaction
- High demand for Edenising homes in the community and for community care groups

To find out what steps you need to take, please access Eden Registry checklists “What Hannah would like to see”, via the Eden Associate intranet. Go to www.edeninoznz.com.au.

Eden from the frontline...sharing your stories

With all the recent training activity that has occurred, we have a number of wonderful 30 day goals to share with you...

Principle 6—Meaningful Relationships—In getting to know a resident better, I decided to ask them 5 questions. These were - What was your...Occupation; Hobbies; Favourite things; Who are your family; What was 1 thing you wished you had done? In asking a resident these questions I found out a lot about them, which I didn’t know before. One resident responded: “We had 10 children. My biggest shock was when my wife had twin boys. I fainted. All my children have been successful in their lives. I’m happy with my life.”

I decided that I would enable male residents to sit with whomever they wanted to at lunch. The outcome of this event was that men who would normally sit together went and sat with the ladies. Lots of lively chat & conversation was had by all. And this is now a regular feature of our dining room.
NZACA Conference 2011—Eden Alternative Finalists

Congratulations to the following New Zealand organisation for their nomination and subsequent win at the recent NZACA conference held in Auckland in August 2011.

Winner: Built & Grown Environment Award—Rangiura Trust, Putaruru NZ—Fern Haven House

Fern Haven House was built with generous support from the local community who raised NZ$850,000 of the total NZ$2.0m building and opened in December 2010. Fern Haven has been inspired by the Greenhouse™ where there is a centralized hearth, living and kitchen area. There are 20 individually themed resident rooms which radiate from this centralized space for residents living with dementia. Some of the benefits achieved to date include: Improvements in resident well being, improved satisfaction for staff, residents and families. A fire curtain has been installed in the roof which is a key feature of the building design and we’re reliably informed, the first of it’s kind in Australasia.

For further details about this achievement and to view their fundraising efforts login into the Eden Associate intranet.

Forthcoming Conferences

- **New Zealand Christian Council of Social Services (NZCCSS)**
  29th & March 2012—Wellington, New Zealand
  Visit: www.nzccss.org.nz/site

- **The 6th Eden Alternative Conference**
  May 30 - June 1, 2012
  Venue: Amway Grand Plaza Hotel - Grand Rapids, Michigan USA
  Conference theme: “Navigating the Way Home”.
  Visit: www.edenalt.org

Eden in Action—Conference Activity

ACCA — 6th —8th November 2011 —Gold Coast, Qld.

At the recent ACAA conference held on the Gold Coast, EiON was in action sponsoring the massage booth, which proved to be popular with the delegates and trade exhibitors. Stopping by to say hello was guest speaker Dr Nader Shabahangi from AgeSong in San Francisco USA.

www.agesong.com

**SHIFT HAPPENS...Have you checked the everyday language that you’re using?**

1. Are you “Allowing” or Enabling residents and clients?
2. Are you ‘doing the feeds” or assisting residents or clients with their meals?
3. Is it the “Dementia wing” or Memory Support home?
4. Are you “doing the residents or clients” or “working with them?”
5. Are you Pushing fluids? or offering drinks?
6. Are you...saying...“I’m just going to put you down now” or ‘would you like to go bed now?’
7. Admission Kit or Welcome Pack
8. Are you a Task Doer, or a Care Partner?
Eden Alternative GreenHouse™—what is this?

There is great interest in the ‘GreenHouse Model’ in both Australia and New Zealand. The Greenhouse™ is an international trade marked product with a design that creates a centralised hearth in the home environment for residents. In Australia, many homes are claiming that they are building or have built a Greenhouse™. Please be aware of the potential trade mark issues surrounding the use of Greenhouse™—www.thegreenhouseproject.org

Eden Alternative starts in South Africa

Congratulations to the appointment of our newest Eden Alt Regional Co-Ordinator (EARC) for South Africa, Rayne Stroebel. Eden Associate training commenced in November 2011 with three groups completing their training. Our new South African members would also like to get in touch with other homes around the world, including Australia and New Zealand to share stories, ideas etc. Anyone interested please contact Margie van Zyl on mvanzyl@geratecza.com.

Welcome to new Eden Associates who have successfully completed the course “Implementing the Eden Alternative”

The following individuals from organisations and homes have participated in Eden Alternative training in recent months. At South Canterbury PSC (NZ) there are now 96 Eden Associates. Other organisations include St. Carthage’s Community Care (NSW); Selwyn Trust (NZ), Embracia Group (Vic & Qld), Presbyterian Care (Tas), Pom Country (Foster, Vic), Elizabeth Gates (NSW), Alzheimer’s Australia (WA), Mandurah Retirement Village (WA), Cancer Council WA.

New! New! New!

One day Training and workshops

Introduction to the Eden Alternative Workshops

This half day introductory course is ideal for individuals and homes to learn more about the Eden Alternative as a prelude to committing themselves to culture change in their organisations. Minimum group size is 10. Please contact the EiON Office for further details.

Eden from the frontline...sharing your stories

I decided that I would ask clients who come to the Club something unique about them. Interestingly, I learnt that one client’s favourite meal is Shepherds Pie. So I made it for her birthday. Another likes matchstick pastries for morning tea. I learnt that H went to school with my mother’s best friend who lives 12 hrs drive away and they are not in contact with each other, all from talking about the Lilac tree with H. PP (St Carthages Community Care)

I decided to focus on Principle 4—Helplessness and providing opportunities for Elders to give as well as receive care. “I have asked for volunteer elders to help with dusting the hallways at weekends. Small tasks like folding the washing...a basket is now taken to the TV room where there are many elders happy to assist. Some elders are now coming to the laundry to get their own washing. One gentleman has offered to walk out to the mailbox each morning and get the mail.

We had our Community Care Christmas party and you wouldn’t believe it. Over 100 people attended. We had children and pets. It was a wonderful day. The Christmas Eden Wishing Tree has also been a huge hit!
FORTHCOMING TRAINING IN
THE EDEN ALTERNATIVE

...SAVE THE DATE...

Pathway to Practice Intensive—One Day Workshop
Reignite your passion for the Eden Alternative by attending a one day course for Eden Associates. Learn and understand more about the intent behind the 10 Eden Principles. Key focus is Principle 8, 9 and 10 and action planning for culture change in your home or organisation.

EiON’s nationally accredited “Implementing the Eden Alternative” course is ideal for all individuals, organisations and homes who want to provide person directed care.

“Implementing the Eden Alternative in Aged Care” has been endorsed by APEC. Attendance attracts 20 RCNA Continuing Nurse Education (CNE) points as part of RCNA’s Live Long Learning Program (3LP).

FEBRUARY 2012
CANBERRA, ACT
When 22 to 24 February 2012
Where Morshead Home for War Veterans, 26 Archibald Street, Lyneham ACT

BRISBANE, QLD
Where Cairns Centre (Salvation Army) 730 Moggill Rd, Chapel Hill Qld
When Monday 27th to 29 February 2012

MARCH 2012
SYDNEY, NSW
When 7 to 9 March 2012
Where Rydges Parramatta, 116 James Ruse Drive, Rosehill NSW

MELBOURNE, VICTORIA
When 14 to 16 March 2012
Where RMIT Village, 5 Flemington Rd, Victoria

MT CLAREMONT, WESTERN AUSTRALIA
When 21 to 23 March 2012
Where Wollaston Conference Centre, Mt Claremont WA

NEW ZEALAND—WELLINGTON
When 26 to 28 March 2012
Where Enliven PSC Head Office, 3-5 George Street, Thornden Wellington

For Bookings & further information, please refer to EiON website www.edeninoznz.com.au.

Eden from the frontline...sharing your stories
The first stage of culture change in aged and community care looks at how we first change ourselves...personal transformation...

My goal was to read in the “Arms of Elders” which I did over a weekend. I thought it was amazing, very easily understood way of writing about the Eden Alternative in a way that deeply imprints the values. I was deeply affected by this book, even though I had been through the course and already read some of the stories through the workbook. I wish I had read this book when my mother was in one of our rest homes (who over the course of many years, developed dementia) and also several aunts and an uncle here also, as I am sure it would have woken me up to some aspects of my relationships with them that I had never considered.

Focus on Principle 8—Decision making—My 30 day goal was to enable a resident to brush her own hair. This has started and it has been wonderful to empower this resident to do more for herself.
Go online for more Eden news

We’d love you to ‘like’ us too. Go to the following link:

We regularly add new information to our website, at www.edeninoznz.com.au Here, you will find information to support your Eden journey, as well as local, national and international news.

Eden Registry

How does the community find an Edenising home? Check out the current providers who show commitment to the Eden Alternative and are current members of the Eden Registry.

Eden in the media

Newly published articles—Aged Care InSITE—Petra Neeleman from DutchCare.

On Line Bookstore and EiON Merchandise

NEW BOOKS IN STORE to get you thinking include:

*The Sage Movement: Replacing Ageism with Sageism*” M Adair, ; Joe B Adair.

*“Dementia Beyond Drugs”* written by Dr Alan Power (Eden Alt. USA Board Member & Gerontologist)

Eden Personal Organiser

Looking for a Staff Christmas gift idea? The Eden Personal Organiser will help keep all those need to access items whilst on the job, in the garden, working around the home. Easy to wear, 100% washable;

A great price @ AUD $16.50 ea + P&H.

How well do you know the story of the people closest to you? New to the Eden Store…

“What’s Your Story Cards”

Beautiful photographs and interesting questions to ask your staff, residents and families. Set of 50 cards. AUD $25.00 per set + P&H.

All purchases support Eden in Oz & NZ.

Lost and Found ...Looking for missing Eden Associates...Are you one?

Calling all Eden Associates who have moved jobs? States? Countries?

To keep you up to date with news, views and learning & development opportunities we need your current details. Don’t remember your login? That’s ok we can provide a new one for you...contact the EiON office.

Email: admin@edeninoznz.com.au or use your login at the Eden in Oz & NZ website: www.edeninoznz.com.au.

Eden from the frontline...sharing your stories

Focus on Principle 2—Creating a Human Habitat or Home—I decided that I wanted to create a welcome pack which included a new plant and a welcome card. I designed the card at home, worked with the team on the wording and bought a plant which is the ‘mother’ plant. My intention is to encourage residents who are interested, in striking cuttings from the ‘mother’ plant to grow additional plants for new residents.

And….a new resident recently arrived and she was overjoyed to receive such a wonderful gift.

My 30 day goal was to create posters for staff to understand that the language we use can be unacceptable. These have been very successful and are a reminder that our elders do have a real name and it’s not sweetie!
Eden Idol ...Superstars One and ALL

As those of you who have completed the 3 day Eden Associate course will know when you come to day 3, there is the small matter of a creative endeavour for each team.

This year we congratulate everyone on their inventiveness when deciding in a very short time frame what their group will present as a part of their understanding of the Eden Alternative.

We’ve seen amazing interpretations for each of the Principles including

- A radio talk back segment
- A game show on the 3 plagues
- A sing a long—rockin, rollin, riding...on the Eden Highway

So keep doing what you’re doing everyone...we are all able to make a difference.

Why be a volunteer?

It’s not for the money and it’s not for the fame,
It’s not for any personal gain
It’s not for love of fellow man
It’s just to lend a helping hand
It’s just to give a tithe of self
That’s something you can’t buy with wealth.
It’s not for medals worn with pride
It’s just for the feeling deep inside
It’s that reward down in your heart
It’s a feeling that you’ve been a part
Of helping others far and near.
That makes you a volunteer.

Compliments of PSSC,
New Zealand
Eden Alternative Warmth Surveys go online
Eden Alternative Warmth Surveys are now online. There are 5 surveys, which once completed provide all homes and organisations with ‘real time’ reports on where your home is on the Eden Alternative journey. It’s easy to use, very informative and makes the gathering of data a breeze. For more info contact the EiON office.

ACCV Certificates of Attainment update
For those in Oz who have submitted their homework, this has been submitted to ACCV and we are awaiting the issuing of Statements of Attainment from them. Apologies for any delays...

EION OFFICE CHRISTMAS CLOSURE
The EiON office will be closed from Friday 23rd December, 2011 until Friday 27th January 2012. We wish you all a very merry Christmas, Happy Holidays and a safe New Year. We look forward to continuing to work with you all in the future to grow the understanding of the Eden Alternative in Australia and New Zealand.
Remember...

T.E.A.M.—Together—Each - Achieves—More

Key contacts
Please note our telephone number and postal address
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Administration Coordinator: Gabrielle Hamilton
Business Development Manager: Sally Hopkins
Board of Directors:
Cathy Meyer (Chair) (Qld) Joanne Hope-Murray (Qld)
Jason Burton (WA) Graeme Mitchell (NZ)
Nicola Turner (NZ) Board Vacancy 1
Board Vacancy 2 Board Vacancy 3

Eden Mentors & Eden Guides
Congratulations to the following people who have been recently appointed as Eden Mentors or Eden Guides. Their role is to offer practical support, knowledge and guidance to individuals and homes who are implementing the Eden Alternative.

Annie Macbeth—WA
E: annimac@annimac.com.au
Chris McMahon—VIC
E: chrism@ozemail.com.au
Noeline Whitehead—NZ
E: noels@xtra.co.nz
Rhonda Peploe—WA
E: rpeploe@iinet.net.au

Board Resignations
Thank you to our recent Board Members, Don Pember and Hilda Johnson-Bogaerts for their contributions to EiON in the past 12 months.

Births:
Congratulations to Sarah MacKenzie (Embracia Group), and her husband Sharif Eldebs on the birth of Lucy MacKenzie-Eldebs on 26/10/2011.